



	<p align="center">Ministero dell'Istruzione, dell'Università e della Ricerca CPIA NAPOLI PROVINCIA 1 CENTRO PROVINCIALE PER L'ISTRUZIONE DEGLI ADULTI Codice Meccanografico: NAMM0CR008 – Codice fiscale: 93062780635 Via San Pietro, 56 – 80020 Casavatore (NA) – Telefono: 08119201682 NAMM0CR008@istruzione.it - NAMM0CR008@pec.istruzione.it www.cpianapoliprov1.edu.it</p>	
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<p align="center">Secondo Periodo Didattico</p>	<p align="center">Asse dei linguaggi Lingua straniera - inglese</p>
<p>Competenza n. 5: Utilizzare la lingua inglese per i principali scopi comunicativi ed operativi</p>	<p align="center">UdA: Comprendo e interagisco</p>
<p>Argomento: Good health and well-being</p>	<p align="center">Ore FAD: 3</p> <p align="center">NB: <u>le verifiche di lingua straniera avverranno in lingua inglese o in lingua francese a seconda della lingua studiata nella propria sede</u></p>

GOAL

3 GOOD HEALTH AND WELL-BEING



What's the goal?

<p>3 GOOD HEALTH AND WELL-BEING</p> 	<p align="center">Ensure healthy lives and promote well-being for all at all ages</p>
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Ensuring healthy lives and promoting well-being for all at all ages is important to building prosperous societies.

We all know how important it is to be in good health. Our health affects everything: from how much we enjoy life to what work we can perform. That's why there's a Goal to make sure everyone has health coverage and access to safe and effective medicines and vaccines.

We have made **great progress** against several leading causes of death and disease. **Life expectancy has increased** dramatically; **infant and maternal mortality rates have declined**, **malaria deaths have halved**, and **we've turned the tide on HIV**.

Yet, some **other numbers remain tragically high**, like the fact that 6 million children die every year before their fifth birthday, or that AIDS is the leading cause of death for adolescents in sub-Saharan Africa.

Facts and Figures

400 million

At least 400 million people have no basic healthcare, and 40 percent lack social protection.

7 million

7 million people die every year from exposure to fine particles in polluted air.

2 seconds

Every 2 seconds someone aged 30 to 70 years dies prematurely from noncommunicable diseases - cardiovascular disease, chronic respiratory disease, diabetes or cancer.

15 million

By the end of 2017, 21.7 million people living with HIV were receiving antiretroviral therapy. Yet more than 15 million people are still waiting for treatment.

What can we do to help?

We can start by **promoting and protecting our own health** and the health of **those around us**, by making **well-informed choices**, practicing **safe sex** and **vaccinating our children**.

We can **raise awareness** in our community about the importance of **healthy lifestyles**.

We can **take action** through schools, clubs, teams and organizations to promote better health for all, especially for the most vulnerable such as women and children.

We can also hold our governments, local leaders and other decision-makers accountable to their commitments to improve people's access to health and health care.

Watch the videos at

<https://www.youtube.com/watch?v=Dd-v1nz-5OQ>

<https://youtu.be/Fzz3Rr8fd2Q>

<https://youtu.be/HpSuLc2qly4>

Now I Know...

- 😊 The importance of promoting good health and well-being for all.
- 😊 The progress we have made in the last years.
- 😊 The percentage of people with no basic healthcare.
- 😊 The number of people dying every year for polluted air.
- 😊 The number of people with HIV who are waiting for antiretroviral therapy.
- 😊 What I can do to help.

To find out more about Goal #3 and the other Sustainable Development Goals, visit:

<http://www.un.org/sustainabledevelopment>